

PARENTLINE NI PRESENTS...

HALF TERM HELL-OWEEN





Welcome to our Halloween Resource Pack from ParentlineNI.

We understand how stressful half term can be, so we have put together a number of activities that you can have to hand if you need to use in a spooktacular emergency.

We hope this will give you those 5mins you deserve to sit down and have a cuppa in peace from your little 'pumpkins'.





Apple bobbing - Fill a sink with water and drop some apples in, for a bit more fun see how many apples you can get in a certain time.



What's In The Box? - Fill some non see-through Tupperware boxes with different foods and let the kids feel inside, whilst wearing blindfolds. The aim of the game is to guess which gruesome surprise each food is meant to represent. Peeled grapes make great eyeballs, jelly is good as brains and linked sausages in sauce are perfect for intestines. Yuck! It's great fun though and gets the kids laughing as they watch their friends' screwed up faces. With these spooky games in place this years party should be a fun one for every little monster!



Vampire Bat Leaves

Take the kids on a walk and gather some leaves to be painted black with matte spray paint. After they dry, they can use a white marker to make little vampire faces. You could also paint them white to create spooky ghost leaves too.





Don't worry: These rice-filled DIY pumpkin stress balls are super easy to make. Just fill up orange balloons with rice and draw on a cute (or creepy) face.

Spider Stamps

Prep these toilet paper spiders ahead of time, so your kids can focus on the fun part: stamping spiders with black paint, and personalising them with colourful googly eyes.

Cut the bottoms of a toilet roll tube and squash on a hard surface so it fans out. Dip it in paint and dab onto paper.

Add eyes to create spooky spider pictures.









GAMES

Truth or scare - spin a bottle, whoever it lands on has a choice of truth or scare!













Zombie Attack - Split your kids into two groups in the garden, zombies and zombie hunters. All the zombies line up at one end of the garden, facing the hunters at the other end. Using those soft plastic balls you get in play pits (and can buy easily online) the hunters have to hit as many zombies as they can.













Wrap your Mummy - Buy a big pack of very cheap toilet rolls and have them at the ready. Split your little group into teams and give each team a stack of rolls. One kid from each team gets to be the Mummy and the aim of the game is for them to get wrapped up by their team mates as quickly as possible.









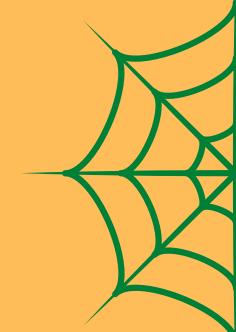




Wink Murder - Get the kids to gather in a circle and then take one out of the room: they are now the Detective. Before bringing them back in, choose someone to act as the murderer. Once the Detective has returned to the circle the Murderer must sneakily wink at the rest of the children in the circle one by one to 'murder' them, without being noticed.



Pin the tail on the cat - Blindfold the players and spin them around a step or two in front of the game. Have them place their tail/nose as close to the correct location as possible.















Witches Hat Ring Toss -

each player is given a ring (can be made from paper plates or glow rings).

> Aim to toss the ring around the witches hat. each ring that lands on the hat scores 1 point. The team with the most points wins.





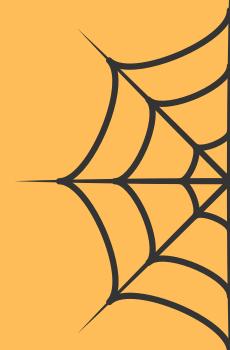








Halloween Bingo -Give each child a bingo board (attached). When an image is called, the children get to put a marker over the image using a treat of their choice. Whoever wins gets to eat all their treats!









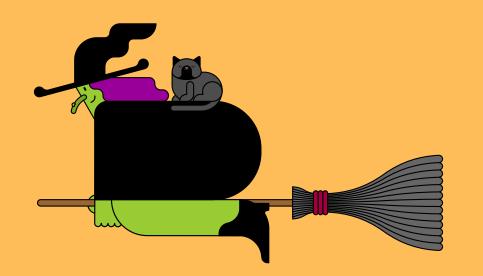






Scavenger Scare Hunt -

Use the attached scare hunt check list. Take your children on a walk through a park or forest and see how much you can tick off your list.. Can you get them all?



RECIPES

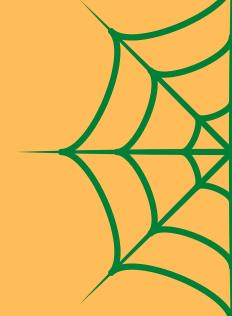


Crispy Brains





175g (60z) mini marshmallows
25g butter
100g (3 1/20z) puffed rice cereal
sunflower oil
red writing, piping or gel icing





Method

- 1. Line a baking tray with nonstick baking paper. Put the marshmallows and butter in a heatproof bowl set over a pan of gently simmering water. Leave to melt, stirring occasionally.
- 2. Tip the cereal into a large bowl. Pour over the melted marshmallows and stir to combine the mixture will be very sticky, but keep going until well mixed. Pour a little sunflower oil onto a plate and dip your hands in it. Shape the mixture into 8 oval brains; and put them on the prepared tray, re-greasing your hands as necessary.
- 3. Dip the handle of a teaspoon in oil, then press down along the centre of each cluster, creating a groove.
- 4. Using the red icing, drizzle or pipe squiggly lines all over the brains to represent blood vessels. Leave to set for at least 4 hours or until firm.



Pear Ghost Lollies



100g white chocolate chips
2 small, ripe Conference pears
12 dark chocolate chips



Melt 100g white chocolate chips in a bowl placed over a pan of barely simmering water,

ensuring that the bowl doesn't touch the water. Stir occasionally until smooth, then remove from the heat.

Cut 2 small, ripe Conference pears in half and insert a wooden lolly stick into each base.

Cover the pears with the melted white chocolate in an even layer, then set aside on a tray lined with baking paper.

Decorate with dark chocolate chips to form the ghost eyes and mouth.

Chill in the fridge until set.

Halloween slime popcorn

1 the vegetable oil
75g popping corn
200g white chocolate
2 tep green food colouring
70g white chocolate buttons
1 tube black or dark chocolate writing icing

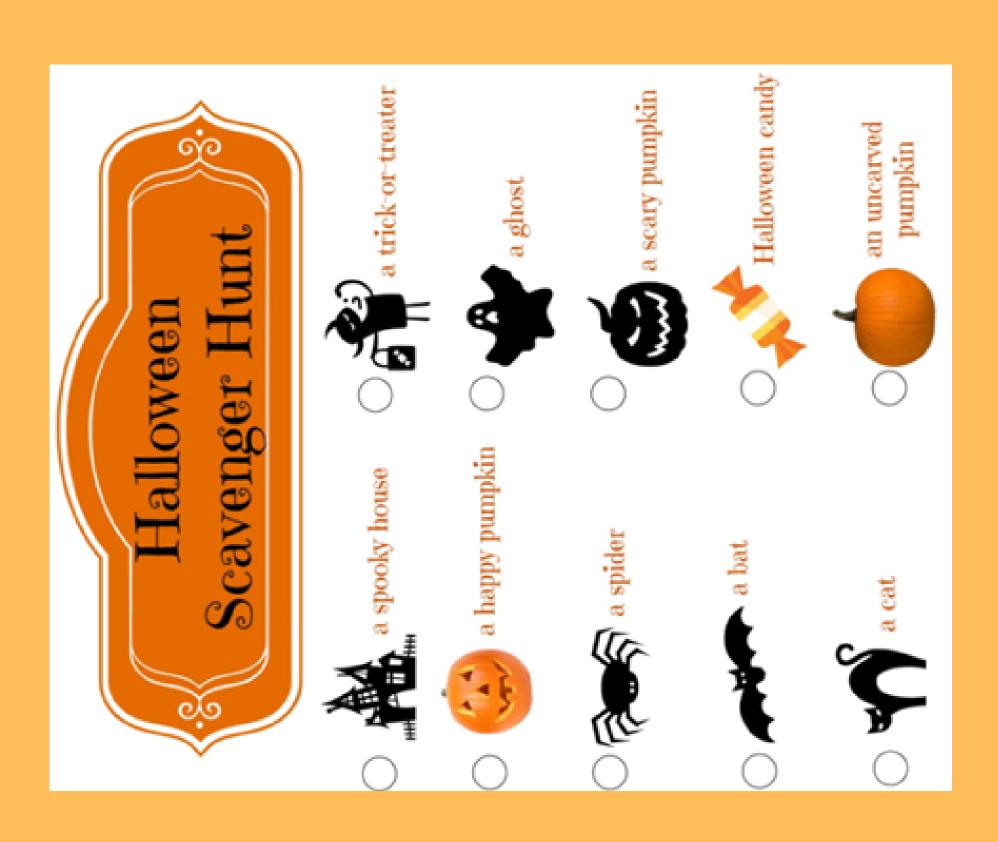


- 1. Line a baking tray with baking paper and set aside. Heat the oil in a large pan over a medium heat. Once hot, add the popping corn and cover with a tight-fitting lid. Leave for 5 mins, shaking the pan a few times to prevent it from burning on the bottom, until all the corn is popped. Remove from the heat and set aside to cool.
- 2. Put the white chocolate in a heatproof bowl with the green food colouring. Set the bowl over a pan of simmering water and stir occasionally until the chocolate has melted and has turned an even green colour.
- 3. Pour the melted chocolate over the popcorn in the pan and toss well to coat. Tip the slime-covered popcorn out onto the lined baking tray and spread out in an even layer. Leave for 45 mins 1 hr for the chocolate to set.
- 4. Meanwhile, to make the eyes, lay the chocolate buttons flat on a plate or tray and add a dot of writing icing on top of each one.

 Leave to set until ready to serve.
- 5. To serve, transfer the set popcorn to serving bowls and top with the chocolate eyes.











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Parentline III are here....

Whether that be by phone call, webchat or email, we are here for you.

Please feel free to call us to talk over how we can support you

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