

# September Message - Online Safety Rules in St Clare's Abbey



In St.Clare's Abbey we have some rules to keep everyone safe. We have to make sure that if we see a post that is not nice online that we tell an adult.

We need to understand that using technology is no joke and you need to let an adult check your device if they are unsure of your safety because talking to strangers and playing overage games are not allowed.

Even though it is your device you still shouldn't be able to access inappropriate files, but you still need to do your part and be kind online.

Be careful online because there are many scammers on the internet that disturb others. If something randomly pops up on your device never click on it, it may try and trick you saying you've won something but it's all a scam.

Viruses are easy to catch on your device let me tell how to avoid them:

Don't click on pop ups, don't trust anyone online and always tell an adult.

The most important thing is that you follow our rules and stay safe.

