## <u>June Message - Family Agreement</u>

As it is getting close to the summer holidays it might be a good idea to make a family agreement about how you will use your devices at home when you are off school.

We thought of some rules to help you:

- I agree with my family to follow these guidelines
- Not to sit in front of the tv for too long as it's not good for your eyes.
- · Go outside for a couple minutes to get fresh air.
- When you are on the computer if something strange pops up make sure you go tell an adult.
- Never give anybody your details as it could be dangerous.
- Never open any pop up windows or marketing emails-always tell an adult.
- Always be kind online with friends and other people.
- Sometimes it is better to look away from the screen and go to play with your family and friends. There are games were you can type - anyone asks your name or anything about you make sure you don't tell them anything as you could get into trouble.

Maybe you can think of other ideas to help to keep you safe during the summer. Have a great holiday!

